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From Head To Toe
**Synopsis**

What does an elephant do? It stomps its foot. Can you? From the creator of such beloved classics as The Grouchy Ladybug and The Mixed-Up Chameleon comes this interactive story that invites kids to imitate animal movements. Watching giraffes bend their necks or monkeys wave their arms is fun, but nothing could be better than joining in. From their heads down to their toes, kids will be wriggling, jiggling, and giggling as they try to keep up with these animals! Alligators wiggle, elephants stop, gorillas thump, and giraffes bend. Can you do it? 'I can do it!' is the confidence-building message of this fun-filled interactive picture book. A variety of familiar animals invite young children to copy their antics, and as they play, they will learn such important skills as careful listening, focusing attention, and following instructions. Just as alphabet books introduce the very young child to letters and simple words, From Head to Toe introduces the basic body parts and simple body movements. And in the same way that children progress from understanding simple words to reading and writing sentences and stories, so they will progress from simple body movements to dancing, gymnastics, and other sports and activities, with confidence and pleasure. Eric Carle's colorful collages have delighted children for more than a generation. Each book provides hours of fun while encouraging them to stretch their imaginations. His matchless words and illustrations now send out a new challenge: Are you ready? Here we go! Move yourself From Head to Toe.

**Book Information**

Hardcover: 32 pages  
Publisher: HarperCollins; 1st edition (March 28, 1997)  
Language: English  
ISBN-10: 0061120243  
ASIN: 0060235152  
Product Dimensions: 9 x 0.3 x 12 inches  
Shipping Weight: 14.4 ounces (View shipping rates and policies)  
Average Customer Review: 4.8 out of 5 stars  
Best Sellers Rank: #29,484 in Books (See Top 100 in Books)  #9 in Books > Children’s Books > Growing Up & Facts of Life > Health > Fitness  #11 in Books > Health, Fitness & Dieting > Exercise & Fitness > For Children  
Age Range: 4 - 8 years  
Grade Level: Preschool - 3
Customer Reviews

This is a fantastic book! The large, colorful pictures and the simple, clear text keep children bending and stretching right along with the animals! Still, unlike many of the reviewers who loved this for their one-year-olds, we found that this book didn't work for my active, not very verbal daughter when she was one (even though she sat for other books). We pulled it out again around the time she turned 2 and she LOVED IT. This book was a huge hit. Now at almost 4 it is still one of her favorites. Even if she's tired at bedtime she gets on the floor to do her donkey kicks along with the donkey! My older daughter also reported that this was one of her preschool teacher’s favorite storytime books. I would say that for many children this book, despite it’s deceptively simple pictures and text, is more appropriate for older children (age 2-4). This is a book I buy all the time for 2nd birthdays - It's always a hit! (especially good for active kids who prefer being "active" listeners!) This is an excellent choice for a book that will last kids for years!

I read FROM HEAD TO TOE to my baby, who is now 10 months old, and to a good friend’s child, who is about 22 months old. Both enjoy it! FROM HEAD TO TOE, like all of Eric Carle’s books, offers multiple kinds of learning in one book. The first page shows a penguin saying "I am a penguin and I turn my head. Can you do it?" On the facing page, a girl has turned her head and answers, "I can do it!" We proceed through the book, going all the way down the body: head, neck, shoulders, arms, hands, chest, back, hips, knees, legs, foot, toes. At the same time, we meet an assortment of very appealing pictures of animals and learn their names: penguin, giraffe, buffalo, monkey, seal, gorilla, cat, crocodile, camel, donkey, elephant, and parrot. I love that in the last pairing, the child takes action first: "I am I and I wiggle my toe. Can you do it?" This is followed by a parrot who copies the child wiggling his toe and says, "I can do it! I can do it!" At our house, the 10-month-old is currently more inclined to enjoy the pictures, and is just starting to join in with the motions occasionally. The 22-month-old friend now joins in with many of the motions. This is another great Eric Carle book, and will be a great addition to any child’s early book collection.

My 16-month old daughter loves to turn her head, wave her arms, raise her shoulders, with the colorful animals in this book. Excellent book to teach children body parts, movements and animals. (She surprised us one day by thumping her chest when she saw a gorilla picture somewhere else.) I also read this book to her classmates in a play group and they all loved it, too. Have fun "bending your knees" with your kids!
We have enjoyed another of Eric Carle's books--Brown Bear Brown Bear What Do You See--since my son was a few weeks old. So, when my son was about 7 months old, I bought From Head to Toe. It was a wonderful purchase! After a few reads, my son was imitating the animals just like his mama--waving his arms like a monkey and on his hands and knees like the cat. It was so wonderful for me to see that my son was understanding and processing the books I read to him.

This book worked wonders for my children when they were about 15 months old up through 24 months old. At that time neither were interested in sitting and listening to stories but this book was terrific -- it gets them up and moving while learning different body parts. Awesome!! They thought beating their chests like a gorilla was hilarious. Head to Toe was a wonderful introduction for our children on following a book from beginning to end and opened the door for bedtime stories and more.

My 4 year old grandson and I watched Eric Carle on a Mister Rogers episode where Eric Carle read this book aloud and he and Mister Rogers acted out each movement. Each page has an animal talking about moving a part of the body, for example turning their head, shrugging their shoulders, waving their arms etc and saying "I can do it, can you do it?" and the child responds, "I can do it!"

My grandson memorized this book in a few readings and proudly reads it to everyone he meets, demonstrating, "I can do it, can you to it?!?" A couple of the movements my grandson found difficult to imitate, but that didn't slow him down, he merely substituted, "Can you do it??? I can't do it!"

Loads of fun for the young child who loves to demonstrate how he can memorize & read a book and for the child who loves to add motions/movement to songs or stories.

Our 20 month old and 3 year old boys love this Eric Carle gem. It combines beautiful pictures of animals with simple rhythmic text showing body parts and actions -- turning heads, bending necks, raising shoulders, arching backs and others. Best of all, it allows active participation by imitating what is on the page. We have purchased quite a few books but this one is magic.

My 18 month old son loves this book! He watched me do the movements as I read it and now he does them on his own when I read the book! Very cute and interactive.

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Caricature Carving from Head to Toe: A Complete Step-by-Step Guide to Capturing Expression and